

# Spa Packages

# Gold Element Experience

#### 1/2 Day \$499

Enrich your experience with a day of pampering that's pure gold! You'll enjoy a massage, facial, hand and foot massage, and a scalp treatment with gold-infused products.

# Couples Mountain Spa Package

## 90 Minutes \$299

Enjoy a one hour couples massage together followed by a private 30 minute session in the infrared sauna, then relax and enjoy a bottle of wine from the house wine list and locally crafted chocolates.

# Signature Nugget Package

## \$499 - Save 10%

Choose any five Signature Services for one discounted price.

## Relaxation Package

#### 120 Minutes \$189

Pamper yourself with a one hour relaxation massage and a luxurious European facial to promote relaxation and make your skin glow.

# Couples Getaway Spa Package

#### 120 Minutes \$429

Pamper yourselves with a one hour relaxation massage and European facial for each of you. Once you are fully relaxed, enjoy a curated charcuterie board and bottle of your favorite wine together in a serene environment.

## Group Spa & Lunch

## \$139.00 per person (minimum 3 people)

Choose a 60 minute relaxation massage or signature facial followed by a three course freshly prepared lunch consisting of a specialty salad, quiche, and dessert.

# Massages

# Relaxation Massage

## 60 Minutes \$109 | 90 Minutes \$159

This full body massage is intended for relaxation and increased circulation. This is a great choice for anyone seeking relief from the stresses of daily life and for those clients who have not experienced a massage before.

## Mom to Be Massage

## 60 Minutes \$109 | 90 Minutes \$159

Feel renewed with this nurturing prenatal massage, designed especially to relieve your tired, aching body, relaxing both mother and child.



Therapeutic Massage

## 60 Minutes \$129 | 90 Minutes \$179

Using a variety of techniques, this massage affects the deeper muscle fibers of the body. It increases flexibility and range of motion.

# Signature Massage with Candle Wax

#### 60 Minutes \$139 | 90 Minutes \$179

A customized massage using specially formulated candle wax to nourish the skin while providing ultimate relaxation.

## Himalayan Salt Stone Massage

#### 60 Minutes \$129 | 90 Minutes \$169

Salt crystals from the Himalayan Mountains are hand-carved into massage stones that gently soothe away an accumulation of stress, tension and pollutants. They reduce inflammation, improve sleep, and promote a sense of well-being.

## Hand & Foot Massage

#### 60 Minutes \$99

This treatment will focus on the extremities. After a soothing foot soak with mineral oils, time is focused solely on easing discomfort and promoting bliss in your hands and feet.

## Facials

## Signature Honey Bee Facial

## 60 Minutes \$109 | 90 Minutes with Extractions \$149

Experience the ultimate facial incorporating local honey, aloe vera juice and bee pollen. Raw honey is a natural cleanser, humectant (attracts moisture), and anti-inflammatory loaded with enzymes, vitamins and minerals.

## Brightening Facial

## 60 Minutes \$129

Utilizing vitamins A and C to encourage rapid cell turnover brighten your skin reducing hyperpigmentation (age spots) stimulate collagen production and to target fine lines, dark spots and puffiness around eyes.

# Anti-Aging Facial

## 60 Minutes \$129

In this facial, products are used to cleanse and hydrate your skin, then they're followed up by nutrients to minimize imperfections and leave your skin healthier and glowing. For more relaxation, you may add our Foot Massage.

# Deep Cleansing Facial

## 60 Minutes \$129

Beginning with a gentle face steam to open the pores and extraction, proven products are used to cleanse the skin and nourish it. Provides relief from acne, oily skin, and acne.



DAHLONEGA, GEORGIA

## Gentlemen's Facial

#### 60 Minutes \$119

Experience a deep cleaning and exfoliating facial specifically designed for the unique skin care needs of a man.

## Consultation & Custom Plan

#### **30 Minutes \$49**

Our expert estheticians will analyze your skin and associated challenges to provide you with a simple to follow written plan to use at home on a daily basis. May be added to any facial.

## Add-Ons

# Slide Cupping

# \$20

Cupping is a technique used with deep tissue massage to decompress muscles and tissue promoting blood flow and increase the body's own healing processes. May be added to any massage.

## CBD Salve

#### 2 Oz. \$39 | 4 Oz. \$59

Combine the health benefits of CBD and massage to achieve the gold standard of deep relaxation, muscle and fascia release, injury treatment, pain relief, skin hydration, and more. There is no THC in CBD. May be added to any massage.

# Dry Brushing

#### \$20

This ancient wellness technique cleanses the lymphatic system and removes cellular waste in an effort to counter fatigue, sluggishness and an underperforming immune system.

May be added to any massage.

# Foot Massage

#### **30 Minutes \$49**

Add some extra special attention to your lower extremities.

May be added to any massage, or our Signature or Anti-Aging Facials.

## Infrared Sauna

## 30 Minutes \$49

Infrared saunas may help improve heart health, soothe sore muscles, and provide relief from chronic pain.

May be added to any treatment or purchased separately.

## Gua Sha

## \$20

Gua Sha is an ancient technique used to eliminate fluid build-up to reduce puffiness and relieve muscle tension.

May be added to any facial.